

**PATIENT INFORMATION LEAFLET**  
**NEOGRA (SILDENAFIL CITRATE) ORAL JELLY**

**Read all of this leaflet carefully before you start taking this medicine.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or your pharmacist.
- This medicine has been prescribed only for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of these side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

---

**IN THIS LEAFLET**

1. What are NEOGRA ORAL JELLY and what are they used for
  2. Before you take NEOGRA ORAL JELLY
  3. How to take NEOGRA ORAL JELLY
  4. Possible side effects
  5. How to store NEOGRA ORAL JELLY
  6. Further information
- 

**1. WHAT ARE NEOGRA ORAL JELLY AND WHAT ARE THEY USED FOR**

NEOGA jelly is equivalent to regular Sildenafil Citrate. This medicine is also used to treat erection problems in men. Jelly is absorbed directly into the bloodstream, as such, requires a much smaller dosage to achieve the same result.

Flavours for your order are chosen randomly from the offered 21: Pineapple, Orange, Strawberry, Vanilla, Banana, Black Currant, Butterscotch, Mint, Rose, Mango, Lemon, Cherry, Chocolate, Watermelon, Guva, Litchi, Raspberry, Green Apple, Anjeer, Caramel and Kiwi.

NEOGRA Oral Jelly 100mg contains sildenafil, a phosphodiesterase type 5 (PDE5) inhibitor. Sildenafil Sildenafil in NEOGRA Oral Jelly acts on the erectile tissue of the penis to increase blood flow into the penis, which is needed to cause an erection. During sexual stimulation nitric oxide is released in the erectile tissue of the penis which activates the enzyme guanylate cyclase.

This enzyme increases levels of a chemical called cyclic guanosine monophosphate (cGMP), which relaxes the blood vessels in the penis and allows blood to fill the spongy erectile tissues to cause an erection. Another enzyme called phosphodiesterase type 5 (PDE5) breaks down cGMP preventing blood flow into the penis, which causes loss of an erection. Sildenafil in NEOGRA Oral Jelly inhibits the action of PDE5 which resolves erectile dysfunction by allowing the natural process of sexual stimulation to activate the cGMP mechanism for achieving and maintaining an erection. NEOGRA Oral Jelly is faster acting than in tablet form as it is absorbed into the blood more rapidly, being effective within 20-45 minutes.

**2. BEFORE YOU TAKE NEOGRA ORAL JELLY**

Do not take this medicine with any of the following:

- \* Cisapride
- \* methscopolamine nitrate
- \* nitrates like amyl nitrite, isosorbide dinitrate, isosorbide mononitrate, nitroglycerin
- \* nitroprusside

This medicine may also interact with the following:

- \* certain drugs for high blood pressure
- \* certain drugs for the treatment of HIV infection or AIDS
- \* certain drugs used for fungal or yeast infections, like fluconazole, itraconazole, ketoconazole, and voriconazole
- \* cimetidine
- \* erythromycin
- \* rifampin

This list may not describe all possible interactions. Give your health care providers a list of all the medicines, herbs, non-prescription drugs, or dietary supplements you use. Also tell them if you smoke, drink alcohol, or use illegal drugs. Some items may interact with your medicine.

**Warning**

NEOGRA Oral Jelly is not suitable for everyone.

Patients under treatment for the following conditions; or any ongoing managed condition, should consult their GP prior to taking NEOGRA Oral Jelly.

- \* Heart Related & Cardiovascular diseases including aortic stenosis, idiopathic hypertrophic subaortic stenosis and general ventricular outflow obstruction.
- \* Stroke, myocardial infarction (heart attack) or serious arrhythmia.
- \* Cardiac failure or coronary artery disease causing unstable angina.
- \* Blood Pressure related diseases including Hypertension & Hypotension and patients with severely impaired autonomic control of blood pressure.
- \* Resting hypotension (low blood pressure) of (BP <90/50)
- \* Resting hypertension (high blood pressure) of (BP >170/110)
- \* Retinitis pigmentosa (genetic disease of the retina)
- \* Sickle cell or other related anaemias
- \* HIV (specifically on treatment with protease inhibitors)
- \* Organ donor recipients

**Contraindications**

Patients taking the following medicine types should NOT take NEOGRA Oral Jelly.

- \* Nitroglycerin medicines
- \* Nitroprusside medicines
- \* Amyl Nitrate (Recreationally known as poppers)
- \* Organ Donor Recipient medicines
- \* Azole antifungal medicines taken orally (topical creams for treatment of candida/ thrush are safe)
- \* For a full list of drug interactions, contraindications and precautions please download the PDF Medicine Safety Sheet.

**What should I tell my health care provider before I take this medicine?**

- \* They need to know if you have any of these conditions:
- \* eye or vision problems, including a rare inherited eye disease called retinitis pigmentosa

- \* heart disease, angina, high or low blood pressure, a history of heart attack, or other heart problems
- \* kidney disease
- \* liver disease
- \* stroke
- \* an unusual or allergic reaction to sildenafil, other medicines, foods, dyes, or preservatives
- \* pregnant or trying to get pregnant
- \* breast-feeding

### 3. HOW TO TAKE NEOGRA ORAL JELLY

The jelly is taken orally 15-25 minutes before sexual activity.

You should never take more than one dose more than once a day.

To get the best from your treatment, please read the following carefully.

- \* The safe indicated dose of NEOGRA Oral Jelly within a 24 hour period is 100mg
- \* This medicine will become effective 1 hour after taking it and effects may be noticeable after 45mins
- \* Effective treatment time is 4 - 6 hours
- \* Always take this medicine with a large glass of water
- \* Avoid large or fatty meals close to when you intend to take the medicine
- \* Alcohol will reduce the effectiveness of this medicine.

#### **If you take more NEOGRA ORAL JELLY than you should**

If you think you have taken too much of this medicine contact a poison control center or emergency room at once.

### 4. POSSIBLE SIDE EFFECTS

From time to time patients taking NEOGRA Oral Jelly experience the following side effects.

#### **Common Side Effects**

- Facial redness or flushing
- Headache
- Blocked nose
- Dryness in eyes
- Mild Nausea

These common side effects are connected to dehydration and usually diminish by increasing water intake.

#### **Less Common Side Effects**

- Slight blurred vision
- Slight blueness in vision
- Light sensitivity

The above side effects are not dangerous and normally diminish as your body becomes accustomed to the treatment. Patients presenting with the above side effects generally do not need to stop taking NEOGRA Oral Jelly.

#### **Serious Side Effects (Uncommon)**

- Erection longer than 4 hours (Priapism)
- Severe decrease or loss of vision
- Severe decrease or loss of hearing

Although serious side effects are rare, if you experience any the above serious side effects, stop taking this medicine and seek emergency medical care immediately.

### 5. HOW TO STORE NEOGRA ORAL JELLY

Keep out of the reach and sight of children.

Store at room temperature between 15 and 30 degrees C (59 and 86 degrees F). Throw away any unused medicine after the expiration date.

### 6. FURTHER INFORMATION

#### **What NEOGRA ORAL JELLY contains:**

NEOGRA Oral Jelly contains the active ingredient sildenafil citrate (100mg/5gm), a phosphodiesterase type 5 (PDE5) inhibitor used to treat erectile dysfunction in men.

#### **What NEOGRA ORAL JELLY looks like and contents of the pack**

NEOGRA 100mg Oral Jelly 1 Week Pack, 7 sachets of assorted flavours.

**This leaflet was last revised in NOVEMBER 2015.**